


7 out of 10 LHS Students Don't Vape



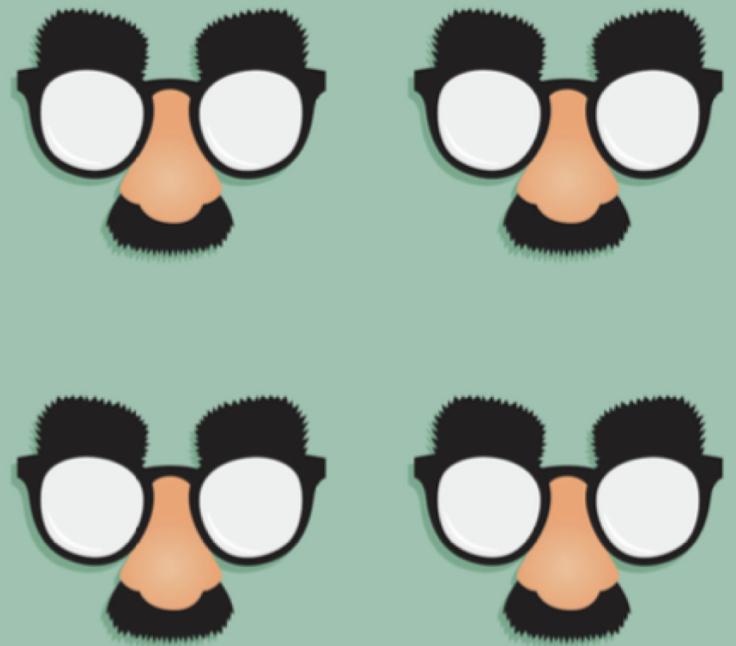
*Based on the Spring 2018 LHS School Climate Survey of 843 LHS Students.
CLOSEcommunity.org





MOCK BEDROOM

The Signs Might Be Right
in Front of You



COME SEE US @ Long Meddowe Days May 18-19th!

CLOSE COMMUNITY

The Coalition of Longmeadow
Organizing Substance Education





It's more than a little fishy.
E-CIG vapor may seem harmless,
but it can carry **TOXIC HEAVY METALS**,
such as lead, nickel, chromium and
cadmium deep into the lungs,
all of which are known **CARCINOGENS**.

I'm NO FUUL™
[vaping's just not cool]

96%
of Longmeadow
8th Graders Don't
Vape or Juul!

Based on the Spring 2019 Longmeadow School
Climate Survey of 8th-10th Grade Students

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There's no disguising it.
E-CIGS can contain high levels of
nicotine, so they're **JUST AS ADDICTIVE**
as cigarettes, have the same adverse
EFFECTS ON THE BRAIN and can
eventually lead to regular smoking.

I'm NO FUUL™
[vaping's just not cool]

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You can't just candy-coat it.
E-CIGS may come in sweet flavors,
but what they're masking is anything but...
HIGHLY ADDICTIVE nicotine, chemicals that
have been linked to **LUNG DISEASE**,
and a false sense of safety.

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PARENTS
WHO HOST
LOSE
THE MOST®



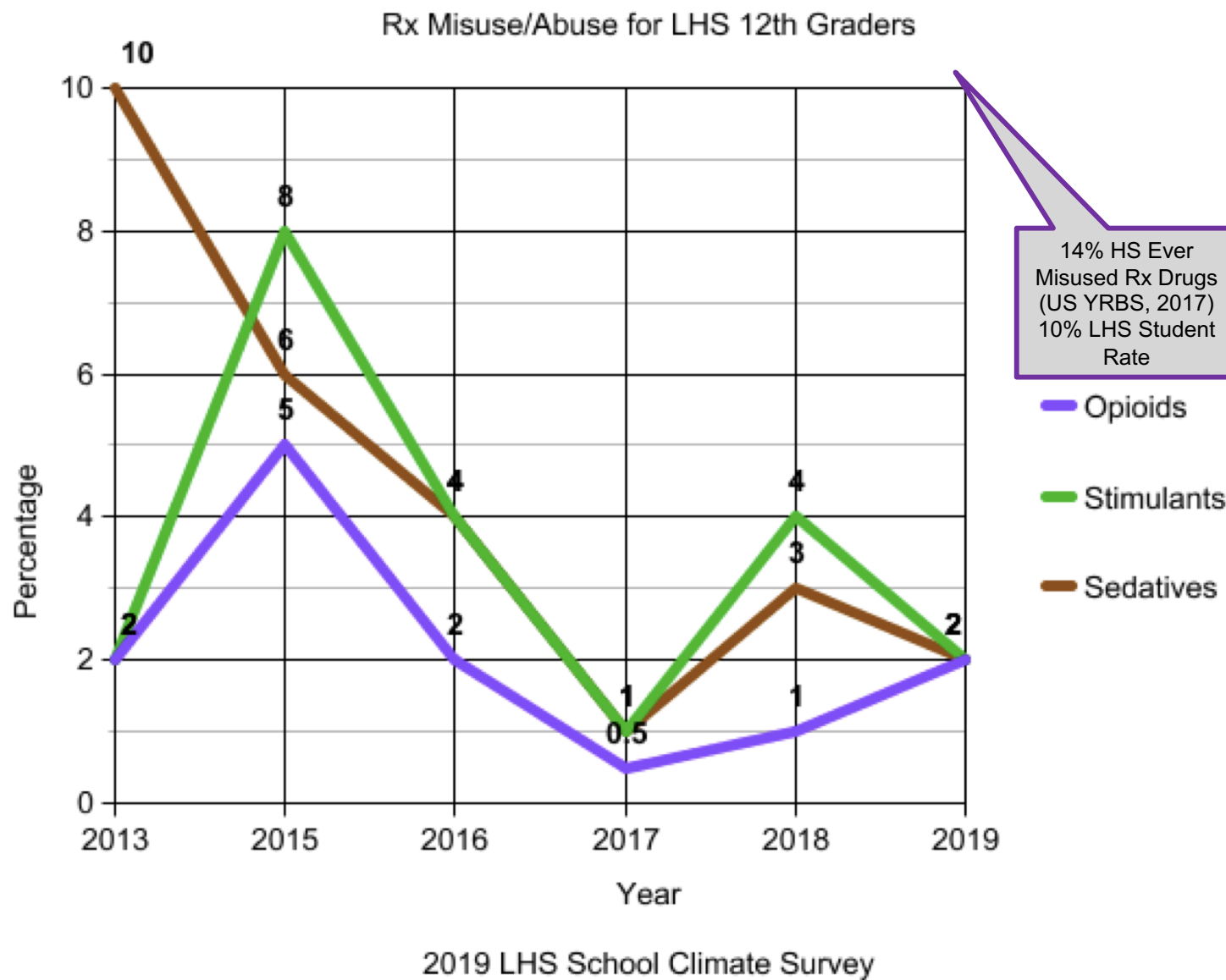
Don't be
a party to
teenage drinking.

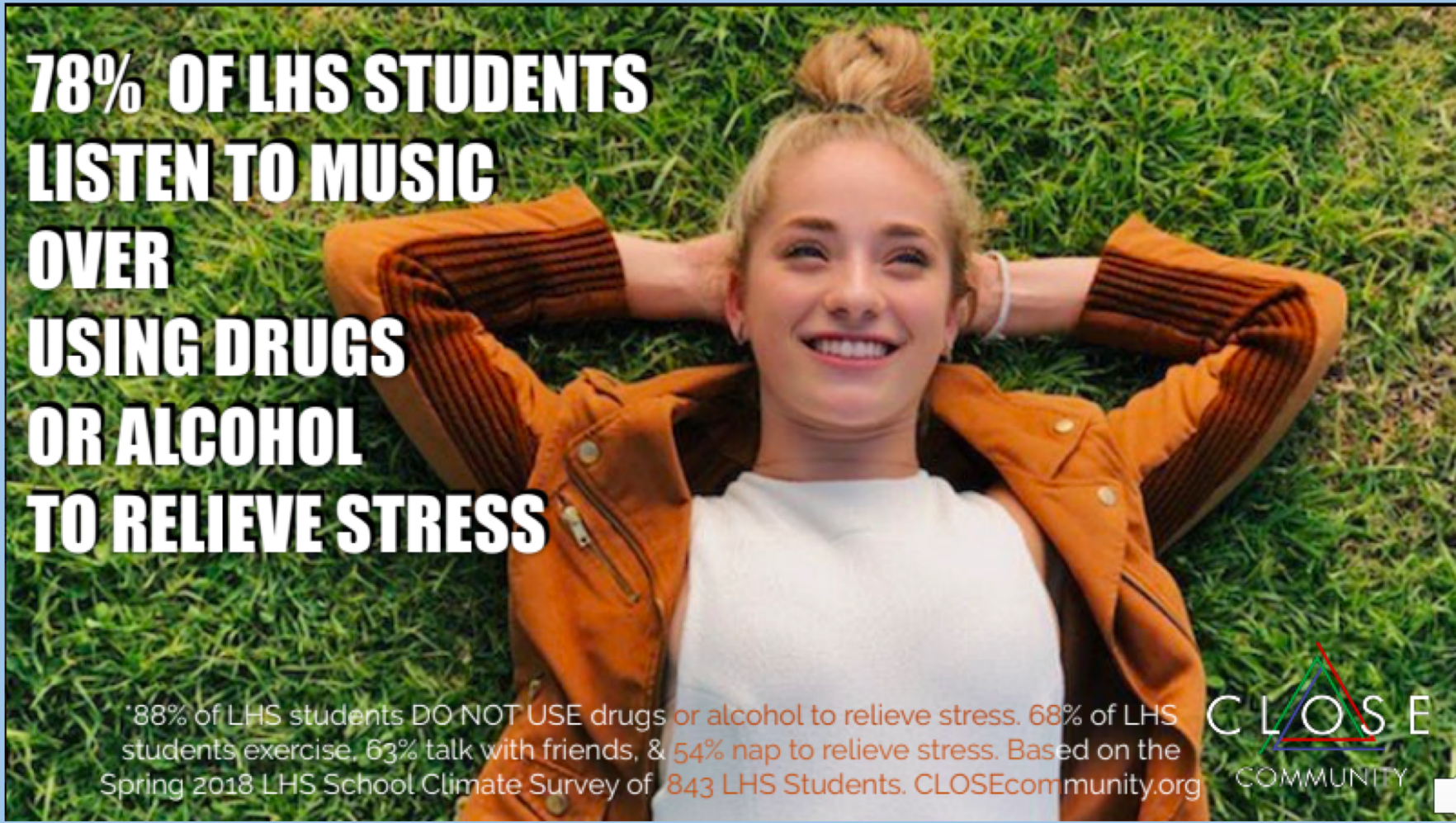
It's against
the law.

It's illegal. It's unsafe. It's costly.

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78% OF LHS STUDENTS LISTEN TO MUSIC OVER USING DRUGS OR ALCOHOL TO RELIEVE STRESS

*88% of LHS students DO NOT USE drugs or alcohol to relieve stress. 68% of LHS students exercise, 63% talk with friends, & 54% nap to relieve stress. Based on the Spring 2018 LHS School Climate Survey of 843 LHS Students. [CLOSEcommunity.org](https://closecommunity.org)

C L O S E
COMMUNITY



JUULing & Your Middle Schooler: What every parent needs to know about vaping/e-cigarette use

Thursday, May 2nd
6:30pm - 8:00pm
@ Springfield Jewish
Community Center



1160 Dickinson Street in Springfield JUST over the border from Longmeadow
FOR: Parents of elementary/**MIDDLE**/high school students



8th Grade: Year 2 Complete!

Substance Use Below State Averages Across the Board

Adult at school can talk to about a problem: 80%

People I fit in with at school: 85%

Bullied on school property past 12 months: 20% (Below US YRBS 22%)



Parent Survey Data

During the past 12 months, have you or another parent/caregiver talked to your child(ren) about the dangers of:

Alcohol Use: 88%

Tobacco Use: 87%

ENDS Use: 87%

Marijuana Use: 84%

Rx Drugs Misuse: 71%



Parent Survey Data Cont...

Do you allow your teen to drink in your home with you or other adults, even if it is a small glass of wine or beer with dinner (not including for religious purposes)?

Never/Almost Never: 91%

Would be upset if another parent gave my teen alcohol: 95%

There are clear rules in my house about underage drinking: 94%

There are clear rules in my house about marijuana Use: 87%



Prevention Initiatives in the District

- Increased coordination of K-12 Substance Use Prevention Programming
- Life Skills Health Curriculum Implemented in Elementary and Middle Schools
- Increased emphasis on Social Emotional Learning K-12
- Increased school adjustment counselor staffing in all schools
- Tar Wars Tobacco Prevention in 5th Grade
- Medicine Safety Lessons 1st Grade
- “What is a Drug” Lesson in 5th Grade
- Use of “High Status Peers” in 8th Grade Health Classes
- Recovery Panels in Senior Wellness Classes and inclusion of substance use prevention lessons in all LHS Wellness Classes
- Positive Social Norming and Info on Screens
- Ongoing Parent Engagement: Special Programs and Safe Homes



Recent Successes:

- SBIRT screening in grades 7 and 9
- Parent Training in Motivational Interviewing
- Improbable Players for 11th and 12th Graders
- Implementation of Life Skills curriculum at middle school level
- Community Survey and Focus Groups
- Narcan Availability in School Health Offices
- Pain Management Presentation for Student Athletes/Families
- Vaping Prevention Mini-Conference for School Leaders
- Vaping Prevention Education Event for Parents





QUESTIONS?





- **Assessment and Evaluation Subcommittee Meeting** - Next Meeting Tuesday, May 21st, 1pm, LPS Central Office, 535 Bliss Road in Room A31
Description: This subcommittee assists in the coordination of community-level assessment and oversees the school climate survey and community survey. This subcommittee maintains and implements the evaluation of coalitions strategies and interventions, monitoring and supporting assessment activities before and after community-wide events.
- **Long Meddowe Days** - CLOSE Community "Right Under Your Nose" Mock Bedroom, Info Booth, and "Fatal Vision" cart course, May 19-20th
- **Parents Who Host Lose the Most** Campaign - May 20-June 10th, on a front lawn near you!


- **Outreach/Communications Subcommittee Meeting** - Friday, May 31st, 1:30pm, LPS Central Office, 535 Bliss Road in Room A31
Description: The Outreach and Communications Subcommittee's role is to ensure the coalition builds strong and strategic relationships with stakeholders through the integration of the coalitions's education, events, and prevention activities. It achieves this by:
 - Working with committee members to develop a community relations plan that identifies formal and informal mechanisms to dialogue with the community
 - Working with members to develop key messages articulated to stakeholders
 - Promoting the coalition's services to the community
 - Serving as a conduit for communicating with various media outlets
 - Working with members to draft communications campaigns to share with community members and elected officials
 - Developing criteria to identify and select collaborative partners
 - Evaluating stakeholder relationships
- **Full Coalition Meeting** - ALL WELCOME! Monday, June 3rd, 7pm, LCTV Recording Live again in A15, 535 Bliss Rd, TUNE IN! Channels 12 & 809.
- **Take Action! & Opioid Prevention Subcommittee Meeting** - Monday, July 8th, 4pm, LPS Central Office, 535 Bliss Road in Room A31
Description: The Take Action & Opioid Prevention Subcommittee serves the purpose of examining and presenting findings on how best to measure and reduce impacts on public health:
 - How to decrease access to prescription pills
 - How to increase access to Narcan
 - How to end the stigma of addiction
 - How to effectively implement evidence-based education and prevention strategies
 - How to increase access to and connect with community members who have managed the treatment/recovery system for an individual struggling with substance use disorder








Connect with us!

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