

Massachusetts Department of Public Health – Bureau of Substance Addiction Services
- Office of Youth and Young Adult Services -
Continuum of Care

Targeted Intervention

The Bureau of Substance Addiction Services (BSAS) currently provides funding and support to three school-based targeted intervention programs. These programs currently work with students' ages 8-13 that have been identified as "at-risk" for future substance use/abuse by their teachers, families or community support providers. These programs include:

- ***Wediko Children's Services***: Paul A. Dever Elementary School, Boston
- ***Wediko Children's Services***: Michael J. Perkins Elementary School, Boston
- ***North Suffolk Mental Health***: Arthur T. Cummings Elementary School, Winthrop

Outpatient Counseling

Many agencies are licensed by the BSAS to offer outpatient individual, group, or family therapy for young people experiencing problems with alcohol, marijuana, and other drugs. There are some agencies that have clinicians specifically trained and certified to offer youth and young adult substance use treatment. The Adolescent Community Reinforcement Approach (A-CRA) is a developmentally-appropriate behavioral treatment for youth and young adults 12-24 years old with substance use disorders. The model is delivered in the community and typically involves weekly sessions which can include parent/caregivers.

- ***Advocates*** - A-CRA, 354 Waverley Street, Framingham, MA 01702; (508) 628-7330
- ***Behavioral Health Network*** – ACRA, 110 Maple Street, Springfield, MA 01105 (413) 737-2439
- ***The Brien Center*** - ACRA Outpatient, 60 Cottage Street, Great Barrington, MA 01230; (413) 528-9155
- ***The Brien Center*** - ACRA Outpatient, 251 Fenn Street, Pittsfield, MA 01201; (413) 499-0412
- ***Center for Human Development*** - A-CRA, 367 Pine Street, Springfield, MA 01105; (844) 243-4357
- ***Center for Human Development*** - A-CRA, 46 Park St., West Springfield, MA 01089; (844) 243-4357
- ***Family Continuity*** - A-CRA, 360 Merrimack Street, Bld 9, 3rd Floor, Lawrence, MA 01843; (978) 687-1617
- ***Family Continuity*** - A-CRA, 76 Church St., Suite 301, Whitinsvilles, MA 01588; (508) 234-4181
- ***High Point Treatment Center***, 10 Meadowbrook Road, Brockton, MA 02301; (508) 742-4424
- ***High Point Treatment Center***, 2 School Street, Plymouth, MA 02360; (508) 830-1234
- ***High Point Treatment Center***, 1233 State Road, Plymouth, MA 02360; (800) 233-4478
- ***High Point Treatment Center***, 4 Post Office Square, Taunton, MA 02780; (508) 823-5291
- ***High Point Treatment Center***, 68 North Front Street, New Bedford, MA 02740; (508) 994-0885
- ***High Point – Middleborough***, 52 Oak Street, Middleborough, MA 02346; (774) 213-8535
- ***IHR - A-CRA/ SAFE Project***, 105 Chauncy Street, Ste 602, Boston, MA 02111; (617) 661-3991
- ***IHR - A-CRA/ SAFE Project***, 349 Broadway, Cambridge, MA 02139; (617) 661-3991
- ***IHR - A-CRA/ SAFE Project***, 97 Central Street, Ste 207, Lowell, MA 01852; (617) 661-3991
- ***Justice Resource Institute*** – Counseling/Outpatient Services for Youth, 140 Park Street, Attleboro, MA 02703; (508) 222-7525
- ***Justice Resource Institute*** - Counseling / Outpatient Services for Youth, 110 Boston Street, Salem, MA 01970; (978) 744-7905

- **Justice Resource Institute** - Counseling / Outpatient Services for Youth, 3 Blackburn Center, Gloucester, MA 01930; (978) 283-7198
- **Lahey Health Behavioral Services** - A-CRA, 800 Cummings Center, Suite 364-U, Beverly, MA 01915; (978) 867-7137
- **Lahey Health Behavioral Services** – A-CRA, 26 Parkridge Road, Suite 2B, Haverhill, MA 01835; (978) 867-7137
- **Lahey Health Behavioral Services** – A-CRA, 12 Methuen Street, Lawrence, MA 01841; (978) 867-7137
- **MGH ARMS Program**, 55 Fruit Street, Boston, MA 02114; (617) 643-4699
- **North Suffolk Mental Health** – A-CRA, 301 Broadway, Chelsea, MA 02150; (617) 388-1594
- **North Suffolk Mental Health** - A-CRA, 14 Porter St. , East Boston, MA 02128; (617) 388-1594
- **North Suffolk Mental Health** – A-CRA, 265 Beach Street, Revere, MA 02151: (617) 388-1594
- **Youth Opportunities Upheld Inc. (Y.O.U.)** - Counseling / Outpatient Services, 81 Plantation Street, Worcester, MA 01604; (508) 849-5600

Youth Detoxification and Stabilization

Short-term, co-ed residential programs that provide youth ages 13-20 with assessment, clinical treatment, supervision, and medical monitoring to help with detoxification and clinical stabilization. Staff make referrals to appropriate aftercare services, supports, and resources for young people and their families. The length of stay varies based on treatment needs.

- **Motivating Youth Recovery - MYR Unit**, Worcester, MA 01610, (508) 860-1244
 - (Ages: 13-17; Coed)
- **The CASTLE - Clean And Sober Teens Living Empowered**, Brockton, MA, (508) 638-6000
 - (Ages: 16-20; Coed)

Youth Residential Treatment Programs

Residential treatment for youth ages 13-20 experiencing health, emotional, family, and/or social problems due to their alcohol or other drug use and are not actively requiring withdrawal symptom management. This is intended for youth who have not been able to address their substance use problems in less intense levels of care. Services include assessment, comprehensive substance use treatment, psycho-education on a variety of topics relating to health and wellbeing, life skills enhancement, vocational/educational support, recovery support, parent/caregiver support, and aftercare planning. The length of stay varies based on treatment needs.

- **Goodwin House**, Chicopee, MA 01013, (413) 316-1642
 - (Ages 13-17; Male)
- **Highland Grace House**, Worcester, MA 01602, (774) 420-2143
 - (Ages 13-17; Female)
- **Cushing House for Boys**, Boston, MA 02127, (617) 269-2933
 - (Ages 16-20; Male)
- **Cushing House for Girls**, Boston, MA 02127, (617) 269-2933
 - (Ages 16-20; Female)

Transition Age Youth & Young Adult Residential Treatment Programs

Residential programs provide a structured environment for young people ages 18-25 in an alcohol and drug-free residential treatment setting. Services include assessment, comprehensive substance use treatment, mental health counseling referrals, case management and coordination, psycho-education on a variety of topics relating to health and wellbeing, life skills enhancement, vocational/educational support, recovery support, parent/caregiver support, and aftercare planning. Average length of stay depends on individual treatment and recovery goals.

- **Spectrum Young Adult Program**, Westborough, MA 01581, (508) 898-1570
 - (Ages 18-25; Male)
- **Pegasus House**, Lawrence, MA 01841, (978) 687-4257
 - (Ages 18-25; Female)
- **Cornerstone**, Ware, MA 01082, (413) 758-4050
 - (Ages 18-25; Female)

Medication Assisted Treatment/ Withdrawal Management

Substance Abuse and Mental Health Services Administration (SAMHSA) defines Medication-Assisted Treatment (MAT) as the use of medications in combination with counseling and behavioral therapies for the treatment of substance use disorders. Research shows that MAT is effective in successfully treating substance use disorders, and can help some people to sustain recovery. For more information on MAT for youth and young adults: [American Academy of Pediatrics Policy Statement](#). Duration of treatment is determined by the prescribing medical professional and based on individual treatment goals. [Appropriate for ages 16-25]

- **BMC CATALYST Program**, 801 Massachusetts Ave 2nd Floor, Boston, MA 0211; (617) 414-6655
- **The Brien Center- Outpatient Counseling**, 124 American Legion Drive, North Adams, MA 01247; (413) 664-4541
- **The Brien Center for Mental Health & Substance Abuse Services**, 333 East Street, Pittsfield, MA 01201; (413) 499-0412
- **The Brien Center for Mental Health & Substance Abuse Services**, 60 Cottage St , Great Barrington, MA 01230; (413) 528-9155
- **Children's Hospital - Counseling / Outpatient Services for Youth**, 300 Longwood Avenue Children's Hospital Boston - Fegan 10, Boston, MA 02115; (617) 355-2727
- **Duffy Health Center**, 94 Main Street, Hyannis, MA 02601; (508) 771-9599
- **High Point Treatment Center**, 10 Meadowbrook Road, Brockton, MA 02301; (508) 742-4424
- **High Point Treatment Center**, 2 School Street, Plymouth, MA 02360; (508) 830-1234
- **High Point Treatment Center**, 1233 State Road, Plymouth, MA 02360; (800) 233-4478
- **High Point Treatment Center**, 4 Post Office Square , Taunton, MA 02780; (508) 823-5291
- **High Point Treatment Center** , 68 North Front Street , New Bedford, MA 02740; (508) 994-0885
- **High Point – Middleborough**, 52 Oak Street, Middleborough, MA 02346; (774) 213-8535
- **MGH ARMS Program**, 55 Fruit Street, Boston, MA 02114; (617) 643-4699

Recovery High Schools (RHS)

Public high schools for youth ages 14-21 that provide educational environments suited to support youth recovering from SUD. They serve 30-50 students per school and are supported through blended funding from the Commonwealth, local school districts, and educational collaboratives. The model offers a unique opportunity for students to receive support for their recovery within an academic setting consistent with Massachusetts State Standards. Students with a diagnosed SUD can attend a recovery high school by choice as a referral from a student's sending district is not required.

- ***Independence Academy***, 460 Belmont Street, Brockton, MA 02301; (508) 510-4091
- ***Liberty Preparatory Academy***, 37 Alderman Street, Springfield, MA 01104; (413) 750-2484
- ***North Shore Recovery High School***, 502 Cabot Street, Beverly, MA 01915; (987) 922-3305
- ***Rockdale Recovery High School***, 20 Rockdale Street, Worcester, MA 01606; (508) 854-4939
- ***William J. Ostiguy High School***, 19 Temple Place, Boston, MA 02111; (617) 348-6070

Parent and Family Support

Services include assistance with family interventions, support groups for concerned family members, psychoeducation, and web-based skills development.

- ***Learn to Cope***: <http://www.learn2cope.org/>
- ***Allies in Recovery (AiR)***: <https://alliesinrecovery.net/>