VAPING PREVENTION Mini Conference



January 18, 2019 8:00am - 11:00am









Districts in Attendance

Agawam Chicopee **Easthampton East Longmeadow** Holyoke Longmeadow South Hadley Springfield Westfield West Springfield Wilbraham Hampden Regional LPVEC

AGENDA

7:45- Registration & Refreshments

8:15- Welcome/Housekeeping, Kelli Quigley & Maura Ryczek

8:20- Opening Remarks, District Attorney Anthony Gulluni

8:30- The Tobacco Free Partnership, Sara Moriarty

8:55- Zain's Smoke Shop Presentation, Sarib Nawaz

9:15- District Attorney's Youth Advisory Board Panel

9:45-9:55- BREAK

9:55-10:30- Specialized Break Out Groups

10:30- Wrap Up/Conclusion/Evaluation

Housekeeping

Restrooms

Refreshments

Break Out Rooms

- Administrators- A118
- Counselors- A218
- Health Educators/Prevention- Mini Theatre
- Community Level Prevention- B221

Wrap Up/Conclusion/ Evaluation - Auditorium



District Attorney Anthony D. Gulluni

District Attorney Anthony D. Gulluni, lifelong Springfield resident, has positioned the Hampden District Attorney's Office as a community partner and resource in crime prevention. Through the formation of the Hampden County Addiction Task Force, as well as his Youth Advisory Board, Adopt-a-Class program, Stop the Swerve distracted driving campaign, domestic violence workshops, elder abuse prevention efforts, and dozens of community based non-profit partnerships, D.A. Gulluni is committed to innovative approaches to keep our neighborhoods safe.



Sara Moriarty

Program Director-Hampden

Hampden County Tobacco Free Community Partnership/Gandara Center

The New Look of **NICOTINE ADDICTION**

TALK WITH YOUR KIDS ABOUT THE DANGERS OF VAPING

GET OUT RAGED! Get the facts at GetOutraged.org



Introduction

Sara Moriarty, Program Director-Hampden County Tobacco Free Community Partnership/Gandara Center

What are Tobacco-Free Community Partnerships? (TFCPs)

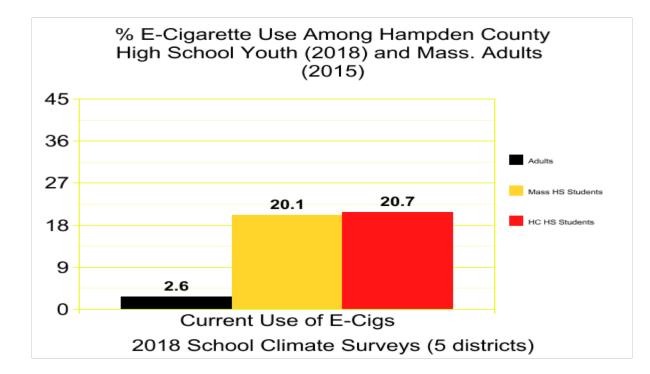
Tobacco-Free Community Partnerships support communities' efforts to:

- Help people quit using tobacco/nicotine
- Prevent youth from starting to use tobacco/nicotine
- Protect everyone from secondhand smoke

TFCP's across the state are funded by the Massachusetts Tobacco Cessation and Prevention program through DPH





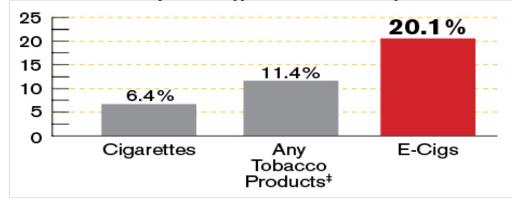




Youth use of vaping products

In 2017 41.1% of MA high school youth had ever used e-cigarettes.

High school youth current use of e-cigarettes was higher than use of any other tobacco products combined Current⁺ Use of Tobacco and Vaping Products by MA High School Youth, 2017



⁺ Use in the past 30 days

‡ Any tobacco defined as cigarettes, cigars (including little cigars and cigarillos), and smokeless tobacco (chewing tobacco, snuff, dip)





 Vaping devices and e-cigarettes contain nicotine—a highly addictive substance

• We can't be sure what is in these products or how much nicotine they contain



Nicotine

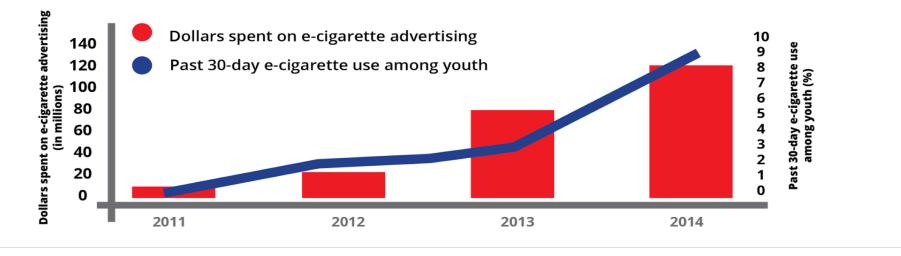
- Nicotine damages the developing adolescent brain
- Nicotine can prime the adolescent brain for addiction to other substances
- Youth who use e-cigarettes are more likely to become traditional cigarette smokers¹
- People who start smoking or using tobacco products in adolescence, smoke more and have a harder time quitting than people who start as adults²





Industry tactics

E-cigarette use among youth is rising as e-cigarette advertising grows



Source: National Youth Tobacco Survey, 2011-2014; Kim et al (2014), Truth Initiative (2015)





The tobacco and vaping industries target young people by making their products:

- Sweet
- Cheap
- Easy to Get



Sweet



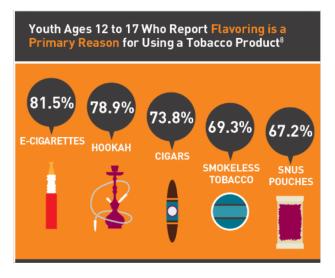
- E-liquids and juices contain flavorings
- Thousands of sweet and fruity flavors to pick from (chocolate, cotton candy, fruit punch, mango...)
- Flavors appeal to youth
- Flavors may make vaping *seem* harmless

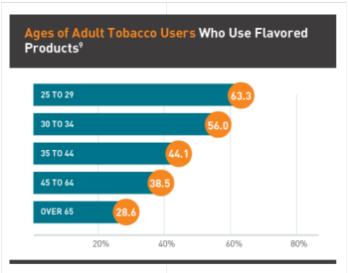




Sweet – Do flavors appeal to adults?

 Younger people are more likely to use flavored products than adults





Source: Truth Initiative, truthinitiative.org/news/flavored-tobacco-use-among-youth-and-young-adults



Cheap



 Products are often inexpensive—special offers and coupon codes make them cheap

• Low prices create impulse buys



